

# Which Munchee is right for me?



Mini 18 months to 4 years



Age and/or body type is your best guide to sizing a Munchee.

Myo Small 4 to 8 years Small to average build  
with or without handle



For children, however, there are variables including low tone, underdeveloped or oral sensory issues that mean it may be best to start with the smaller size and progress to the next size as usage becomes more comfortable.

Myo Medium 8 years to adults Youth up to adults



If in doubt it is always best to start smaller, to enjoy the experience, before working up to the next size.

Myo Large Adults Adults with very large skeletal structure

